

CERTIFICATE

OF PARTICIPATION

This is to certify that

Brian Holmes

Has successfully participated & completed the

13km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 01:35:17

PACE 07:18/km

OVERALL 27 of 149

GENDER 23 of 79

40 - 49 8 of 25

23 June 2019, Sun

Date



Bout Time
Signature